



مستشفى ثومبي للأسنان

**THUMBAY DENTAL HOSPITAL**

THE NO. 1 DENTAL HOSPITAL IN THE REGION





مستشفى ثومبي للأسنان  
**THUMBAY DENTAL HOSPITAL**



**Dr. Thumbay Moideen**

Founder President  
Thumbay Group

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Thumbay Group has been the pioneer of providing world-class healthcare services at affordable costs over the last two decades. Our healthcare establishments have contributed substantially to the region's healthcare sector, with innovative methods and concepts. The new Thumbay Dental Hospital, the No. 1 Dental Hospital in the country, will play an important role in supporting medical education and healthcare delivery, especially as a centre for dental excellence for the people of UAE. It has always been our endeavour to offer high-quality healthcare services to the community. Our approach is being driven by powerful trends that are rapidly changing healthcare practices and patient care demands throughout the world. With a built-up area of 37,000 sq. ft. and 60 dental chairs, this new facility is one of the largest dental hospitals of its kind in the region. Thumbay Group's network of academic hospitals is committed to caring for each patient as though they are family by giving each patient individual time and care that they deserve. We have always been humbled by the trust people have entrusted in our hospitals and clinics. It is the satisfaction of having touched and transformed lives that motivates us constantly to reinvent and innovate. We hope to continue serving the community through Thumbay Dental Hospital.

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EDUCATION | HEALTHCARE | MEDICAL RESEARCH | DIAGNOSTICS | RETAIL PHARMACY | HEALTH COMMUNICATIONS  
RETAIL OPTICALS | WELLNESS | NUTRITION STORES | HOSPITALITY | REAL ESTATE | PUBLISHING | TRADING  
MARKETING & DISTRIBUTION | MEDICAL TOURISM | EVENTS | MEDIA | TECHNOLOGY



[www.thumbay.com](http://www.thumbay.com)



## Thumbay Group

Founded by Dr. Thumbay Moideen in 1998, Thumbay Group is a diversified international business conglomerate with operations across 20 different verticals including Education, Healthcare, Medical Research, Diagnostics, Retail Pharmacy, Health Communications, Retail Opticals, Wellness, Nutrition Stores, Hospitality, Real Estate, Publishing, Technology, Media, Events, Medical Tourism, Trading and Marketing & Distribution. Headquartered in Dubai, the group presently a team around 5000 people, which is projected to increase to around 25,000 by the year 2023, with the completion of ongoing and upcoming projects. Currently, Thumbay Group is focusing on its strategic long-term plans which will see the group scale its businesses almost ten times and expand its operations globally.

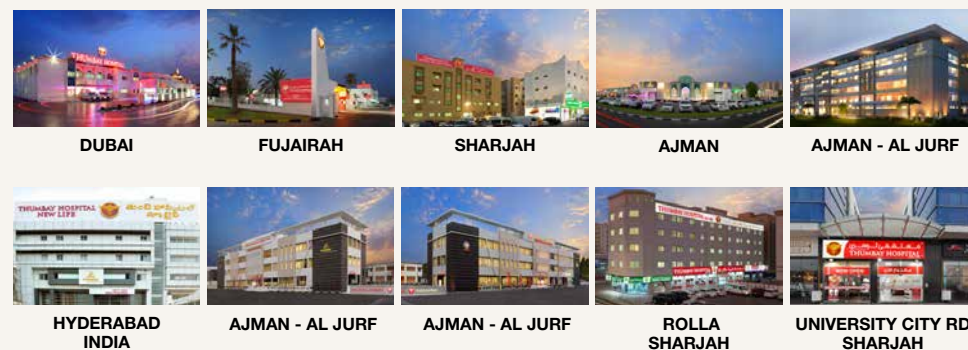




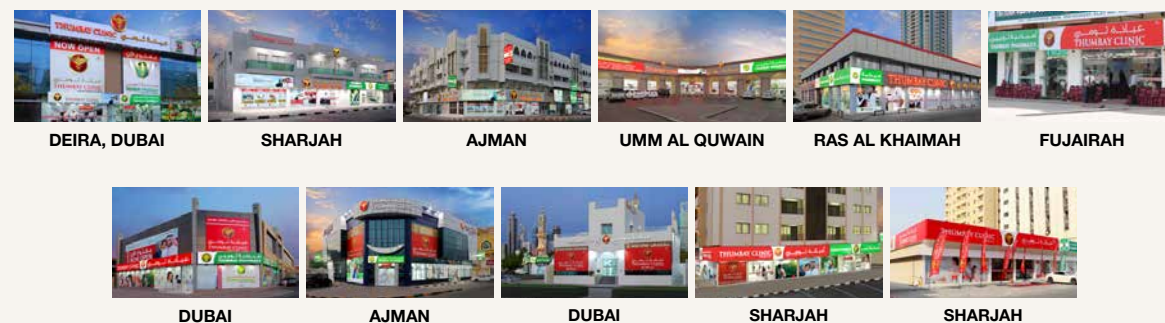


## LARGEST ACADEMIC NETWORK OF HOSPITALS, CLINICS LABS & PHARMACIES

### OUR NETWORK OF THUMBAY HOSPITALS



### OUR NETWORK OF COMMUNITY THUMBAY CLINICS



## Healthcare Division

Thumbay Group's healthcare division presently operates academic hospitals, day care centers and family clinics at Dubai, Sharjah, Ajman, Fujairah, Ras Al Khaimah and Umm Al Quwain in the UAE s well as in Hyderabad – India Thumbay Hospital is the largest network of private academic hospitals in the region.

All the hospitals and clinics provide clinical training for the students of Gulf Medical University (GMU) - Ajman, the leading private medical university in the region owned by Thumbay Group.

They treat patients from over 175 nationalities, and are staffed by doctors, nurses and technicians from over 25 different countries, speaking more than 50 languages.

Thumbay Group also operates CAP accredited diagnostic labs (Thumbay Labs) and retail pharmacy outlets (Thumbay Pharmacy), in the UAE and India.

According to Thumbay Group's strategic plans, the Thumbay academic hospital network will have a total of 1000 beds in the UAE, 1500 beds in India and 750 beds elsewhere in the Gulf and Africa by 2023.



Over 400  
Doctors



Patients from 175  
nationalities



Faculty and staff  
from over 25  
countries



Students from 80+  
nationalities



Tie-ups with more  
than 60 leading  
institutions  
worldwide



9 Hospitals,  
15 Clinics



60  
Pharmacies



5 Diagnostic  
Labs



**Akbar Moideen Thumbay**

Vice President, Healthcare Division  
Member of Thumbay Group Board

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Dental care is one of the most sought after healthcare needs of people around the world. The combination of lack of qualified specialists, poor awareness among people, and the changing habits and lifestyles have given rise to new challenges in oral hygiene and health. The world is grappling with a shortage of dentists and dental hygienists who have adequate training, experience, skills, motivation and specialized equipment to accommodate and treat patients with varied needs and problems. Thumbay Dental Hospital has addressed these inadequacies by creating an exceptional setting to ensure quality patient care. It houses a range of services, including emergency dental care, restorative dentistry, oral surgery, oral medicine, and orthodontics and pediatric dentistry. Thumbay Dental Hospital follows a unique model of comprehensive dental care, combining various aspects, such as dental health promotion, disease management, awareness and compassionate care. Our mission is to emerge as the preferred dental care destination by creating awareness for the need of oral healthcare and ensuring that people can access high-quality dental care at affordable costs. This new landmark in Ajman will provide modern, state-of-the-art environment that will further strengthen the credibility of our network of Academic Hospitals.

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**Redefining the future  
of healthcare**



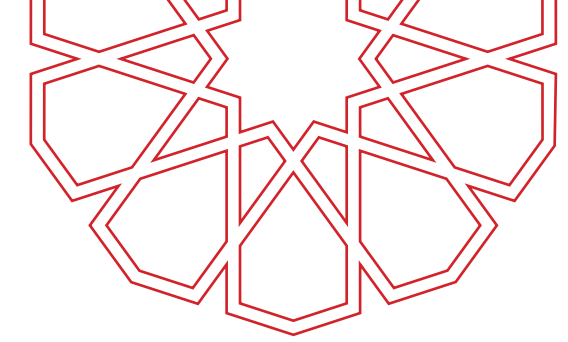
## مدينة ثومبي الطبية **THUMBAY MEDICITY**

Thumbay Medicity, in Al Jurf, Ajman houses the region's leading private medical university - the Gulf Medical University, the largest private academic hospital in the region - the 500-bed Thumbay University Hospital, the first private dental hospital in the country and the largest academic dental hospital in the Middle East region's private sector - Thumbay Dental Hospital and the biggest state-of-the-art rehabilitation hospital in the country - Thumbay Physical Therapy and Rehabilitation Hospital. With specialized hospitals, Thumbay Medicity is a referral facility to which primary and secondary care hospitals and clinics refer serious cases.

Moreover, the specialized hospitals of Thumbay Medicity are Academic Health Centers of the Gulf Medical University Academic Health System (GMUAHS), which give them the unique advantage of having the expertise of doctors who are also academicians and researchers. GMUAHS has the distinction of being the first private academic health system in the region.

Thumbay Medicity also houses Body & Soul Health Club and Spa, The Terrace Restaurant, Food Court, Blends & Brews Coffee Shoppe and a wide range of public utilities.





## Thumbay Dental Hospital

Thumbay Dental Hospital has a total built-up area of 37,000 square feet, with 60 dental chairs over 3 floors. It is the most advanced dental hospital of the region.

The hospital is located at Thumbay Medicity, Ajman which also has the region's leading medical university - Gulf Medical University, the region's largest private academic hospital with 500 beds - Thumbay University Hospital, the biggest state-of-the-art rehabilitation hospital in the country - Thumbay Physical Therapy & Rehabilitation Hospital and several other amenities for leisure, hospitality and public utilities.

The hospital has an in-house dental lab for accurate dental prostheses, dedicated Central Sterile Services Department (CSSD) for infection control, and ample parking space. With our team of competent and compassionate doctors and staff from different nationalities, Thumbay Dental Hospital provides the highest level of dental care in a pain-free, comfortable, and relaxed environment. The team of specialists and super-specialists provide multidisciplinary treatment modalities. We are open on Fridays as well.

INTERNATIONAL PARTNERSHIP WITH

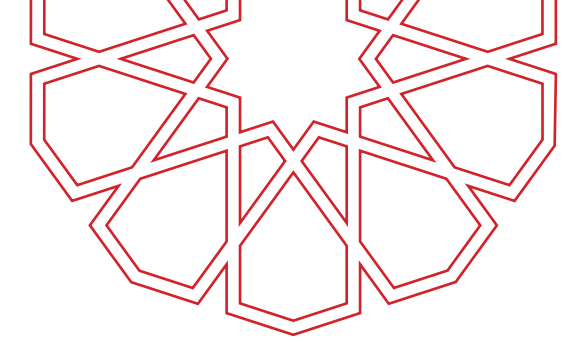


Kiel University  
Christian-Albrechts-Universität zu Kiel





**TO BE THE NUMBER 1 DENTAL  
HOSPITAL OF THE REGION**



## Vision

To be the number 1 Dental Hospital of the region.

## Mission

To be the most advanced Dental Hospital of the region in an academic set up with the best doctors, innovative methods, and cutting edge technology.

## Core Values

**Excellence:** Provide clients with a consistently high level of services through benchmarking and continual improvement.

**Trust:** Ensure trust, compassion, dignity and mutual respect for colleagues and clients through open communication and dialogue.

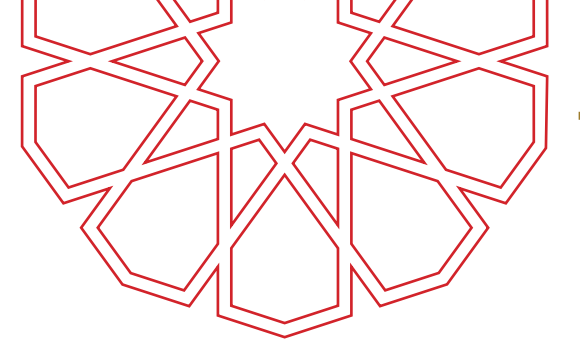
**Client centered:** Always be guided by the needs of patients and clients.

**Ethics:** Consistently follow ethical practices that emphasize honesty, fairness, dignity and respect for the individual.

**Continuous learning:** Always keeping abreast with new technologies and evidence-based clinical practices.

**Teamwork:** Always working together as a team and drawing strengths from our diversity to serve the community.

**Integrity:** Committed to personal and institutional integrity, make honest commitments and work consistently to honour them.



## Quality Healthcare

Thumbay Network of Hospitals constantly strives to achieve global standards in international quality.

We are the proud winners of Sheikh Khalifa Excellence award for 2018. Our Hospitals are also Joint Commission International (JCI) accredited - the most prestigious healthcare certification.

With sound principles and foundation, Thumbay Dental Hospital will follow the path of Thumbay Network of Hospitals to deliver high-quality care to patients.

Thumbay Dental Hospital aims to deliver painless, time-efficient, cost-effective and reliable services to patients.

Thumbay Dental Hospital uses the latest high-tech technology in providing quality dental treatment. The hospital has adopted a host of technological offerings aimed at providing superior patient convenience.

Our consultation rooms are ultra-modern with state-of-the-art equipment. We have an in-house, well-equipped modern dental lab, thus giving us the advantage of providing precise dental products used for rehabilitation and other treatments.

Among the technologies adopted by Thumbay Dental Hospital, the latest ones include endodontic microscopes; lasers; aligners for orthodontic treatment; All on 4 Implants for full mouth rehabilitation; intra-oral scanners for ease in taking Impressions for crowns and bridges; CAD CAM services for latest in crowns and bridges and aesthetic fillings; and CBCT technology, which is a three-dimensional radiography to help in the diagnosis, planning & treatment.

We have also partnered with Thumbay Labs - the only CABRI certified lab of the region which uses advanced technology to provide accurate medical reports for patients.

Thumbay Dental Hospital has integrated wireless technology into the hospital systems. Furthermore, Hospital Information System (HIS) is fully implemented, enabling speedy ordering of materials, prompt report generation, and quick retrieval of patients' files and records.

Optimal use of Information Technology is a hallmark of Thumbay Hospitals.





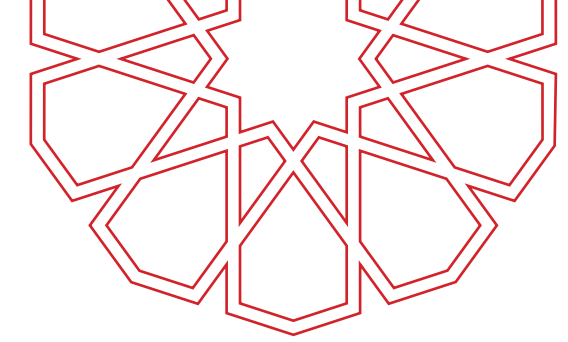
## Academic Health System

Thumbay Dental Hospital is an Academic Health Center under the Gulf Medical University Academic Health System, the first private academic health system in the region.

The GMU Academic Health System links the healthcare, education and research functions driven by the interactions between itself and its academic partners.

Academic Health Systems greatly improve patient care, medical education and research. The synergies between these central activities improve health and wellbeing, at the same time broadening the horizons of knowledge and ensuring a modern, flexible and sustainable workforce. They also ensure wider community engagement by developing a deeper social conscience and delivering significant economic and health benefits to the community.





## Our Specialties and Departments

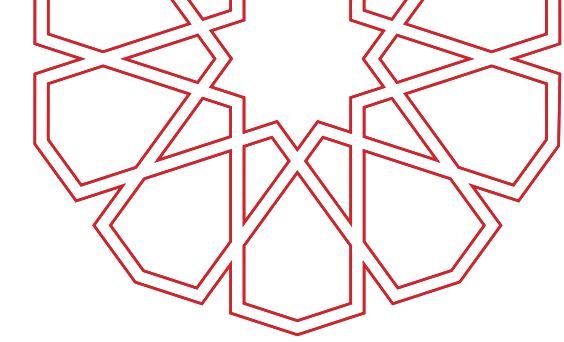
- Oral Medicine and Radiology
- General Dentistry
- Endodontics
- Periodontics
- Pedodontics
- Prosthodontics
- Implantology
- Orthodontics
- Oral & Maxillofacial Surgeries

## Our Areas of Expertise

Thumbay Dental Hospital with their team of Specialists and superspecialists experienced in all areas of dentistry offer complete dental solutions. Our services are divided into the following categories:

- General Dental Services
- Specialized Dental Services
- Super-Specialized Services
- Exclusive Services





## GENERAL DENTAL SERVICES

### **Comprehensive Oral Examination:**

A comprehensive oral examination is done for all our patients. During oral examination, all dental needs are identified and explained to the patient. Also, signs and symptoms that may indicate any underlying disease are brought to the notice of the patient and further referrals are made

### **Scaling & Air Polishing of Teeth**

A complete scaling and polishing of teeth is done with Ultrasonic Scalers and Air Jet Polishers. We also use Piezo Scalers wherever required for additional comfort in anxious patients.

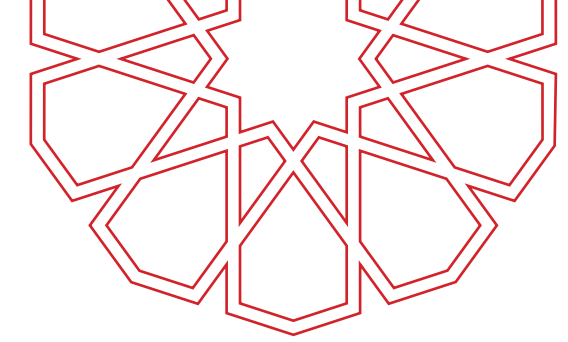
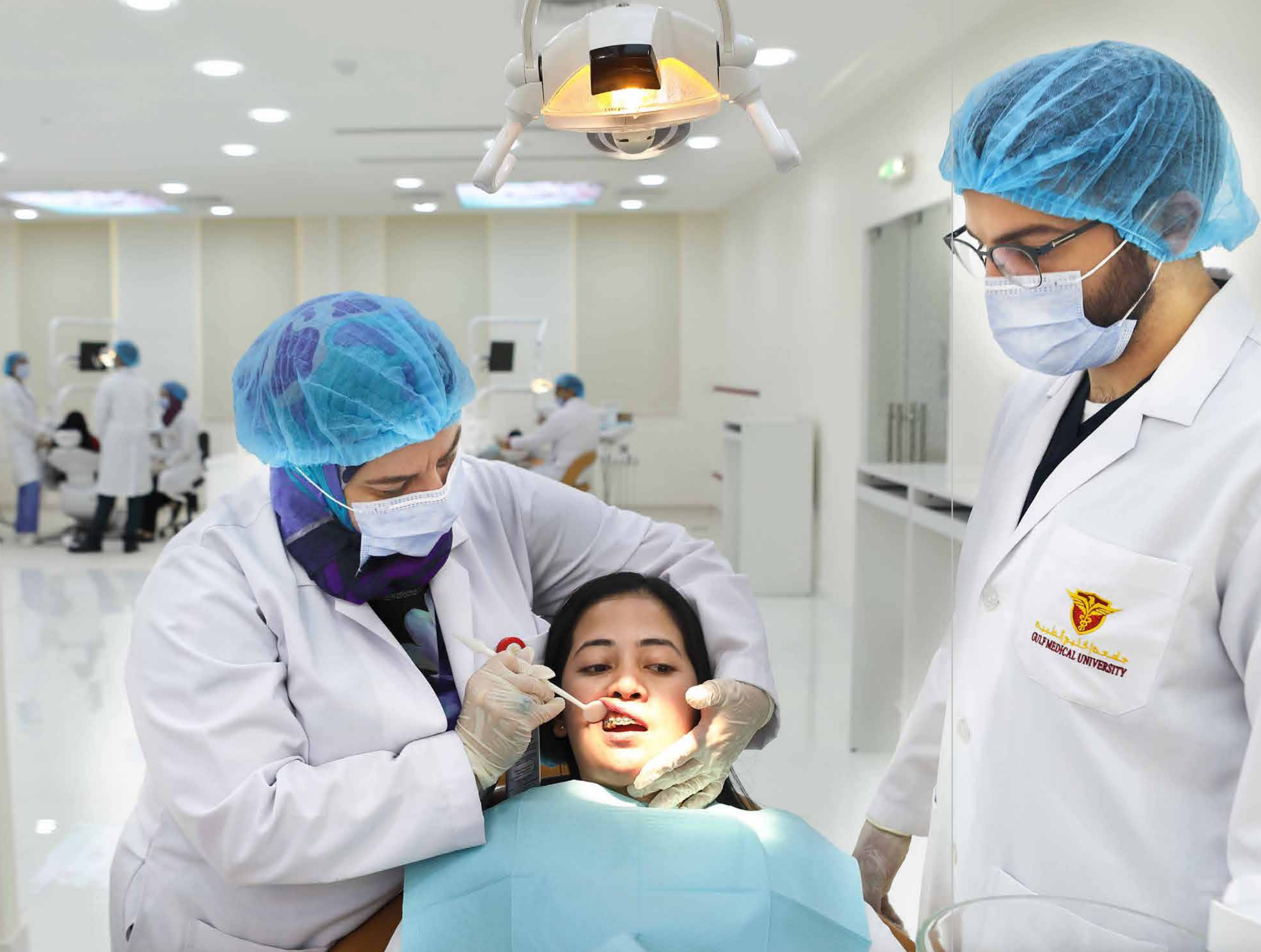
### **Fillings**

Dental fillings are used to fill cavities and repair cracked or broken teeth. Fillings can be done with Composite Resin materials that match the colour of your teeth. These fillings are done with Light Activated Systems. We also have the latest option where we use modern Digital Technology which enables us to provide perfect porcelain filling in One Single Visit. It also lasts longer and is aesthetically more beautiful than other filling materials.

### **Crowns and Bridges**

Our team of prosthodontists is expert in taking care of damaged and decayed teeth with long lasting crowns and bridges. Some of the best materials and systems are used in the fabrication of crowns and bridges, like Emax, 3M, zirconia, porcelain fused to metal, laser sintered crowns, and monolith crowns. If the tooth is partially decayed, it can be treated with inlays or onlays, which are fabricated along the principles of crowns, however, their fit and appearance is similar to fillings.





## GENERAL DENTAL SERVICES

### Simple and Complicated Extractions

When a tooth that cannot be saved needs to be removed, the gentle and experienced hands of our team of General Dentists and Oral & Maxillofacial Surgeons make the process easy and comfortable for you. We also have the facility of conscious sedation and general anaesthesia if required. All types of teeth can be removed in our Hospital, including wisdom teeth.

### Hollywood Smile

We have a range of options to give you that Hollywood smile you always dreamt of.

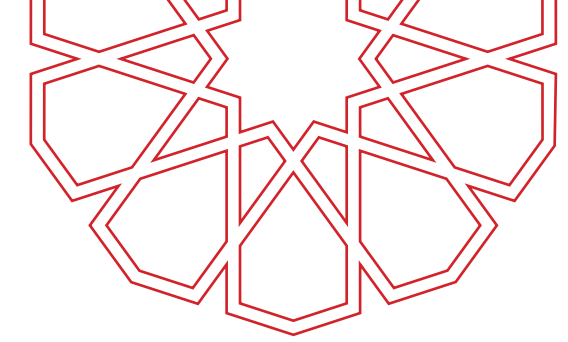
Our Smile Expert Dentists (Prosthodontists) have trained extensively in Post Graduate Courses to provide a variety of Cosmetic Dental Solutions that will enhance your entire look.

Some of the options we have included:

1. Veneers & lumineers
2. Whitening of teeth (Zoom Whitening)
3. Orthodontic braces
4. Smile designing with the latest technologies

If you do not want to go for extensive treatment we also have the option of Snap on Veneers, which takes care of your requirement with minimal or no intervention at all.





## GENERAL DENTAL SERVICES

### Periodontal Treatment /Gum Treatment

Swollen and weak gums can lead to loss of teeth. Our team of periodontists is expert in giving your gums (periodontal tissues) a new life. We use latest techniques to remove irritants and infections from the gums.

We also have lasers available to improve patient comfort and produce better results.

### Full Mouth Rehabilitation

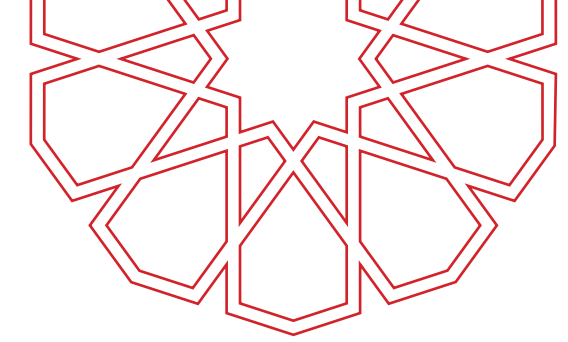
At our Dental Hospital we offer superior services and high-tech dental techniques.

Our highly qualified team of certified prosthodontists as well as world-class dental laboratory located on site helps to set us apart from other practices in the region. We believe that full mouth rehabilitation is essentially a work of art, and our specialists adapt the role of talented artists working to best serve your needs.

Your customized treatment plan will allow you to restore health, beauty, and function of your mouth in the most efficient and cost-effective way possible.

At any age a good set of teeth makes us feel confident and full of life.





## SPECIALIZED DENTAL SERVICES

### **Pedodontics / Children and Infants**

At Thumbay Dental Hospital, we want to dispel the notion that children are afraid of dental treatment.

Our team of pedodontists makes sure that every child is comfortable and enjoys the visit to the clinic.

Treatment for children and infants cannot be done in haste and we give undivided attention to children during their treatment.

We also have a tie up with Thumbay Hospital, Ajman to treat children of special needs and those who have excessive fear of dentistry under general anesthesia.

### **Endodontics/ Root canal treatment**

An Endodontist specializes in the treatment of “root canal”.

A “root canal”, or endodontic therapy, is a treatment to save a tooth that is infected and would otherwise require removal.

Teeth can get infected due to many reasons, the important ones cavities, fractured fillings, cracks, injuries, extreme wear and tear of biting surfaces, our eating habits, and underlying medical conditions.

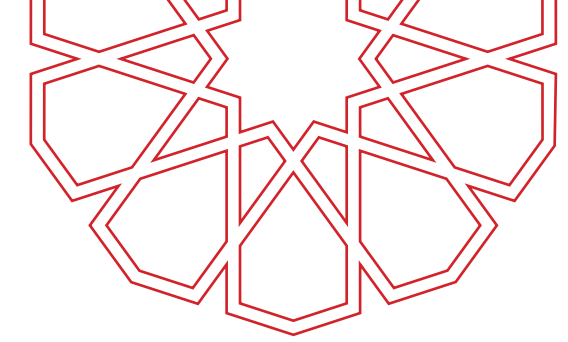
We use modern, state-of-the-art technology to treat root canals.

These Include:

1. Digital X-ray
2. Digital apex locators
3. Rotary filling systems.

We also use lasers & endodontic microscopes and cone beam computerized tomography for complicated cases.





## SPECIALIZED DENTAL SERVICES

### Dental Implants

If your profession demands and you need the missing tooth replaced immediately, Same Day Implants is the answer to your need. At our Hospital, depending on the assessment of the type of case, we can place an implant along with tooth to restore aesthetics. This allows you the freedom to take on your professional commitments without any delay or break. Subsequently, a permanent tooth is placed after sound support around the implant is established.

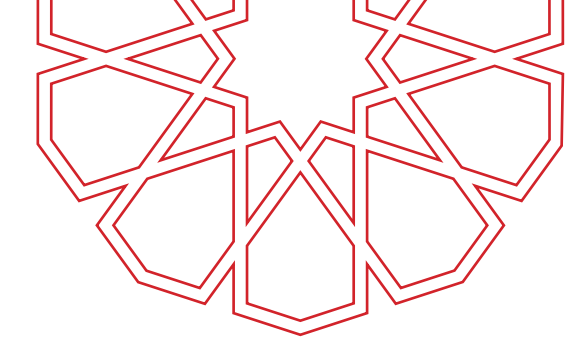
### Single or Multiple Implants

If you have lost one or more teeth due to decay or injury, you can replace them with single or multiple implant solutions.

### Full Mouth Implants (Complete Upper and lower Jaw)

If you have lost all teeth or have trouble with partial or full dentures, the new treatment modality with "All-on-4" places dentures/crowns securely on top of dental implants. It will change your life as it allows you to eat what you want, with no worries about the denture falling out.





## SPECIALIZED DENTAL SERVICES

### Orthodontics

#### All of us want to smile with Confidence

If something bothers us about our smile, it can negatively impact our confidence. If you want to fix crooked or protruding teeth, reduce the gaps between the teeth, or ensure proper alignment so that you have a healthy bite, then our team of expert orthodontists can help you.

#### There are multiple options available with us to suit your need

1. Braces (metal and clear braces),
2. Self-Ligating (the wire has elastic memory to help in the movement of teeth),
3. Invisalign or aligners (transparent braces),
4. Surgical orthodontic treatment (if any jaw correction is required to achieve the results).

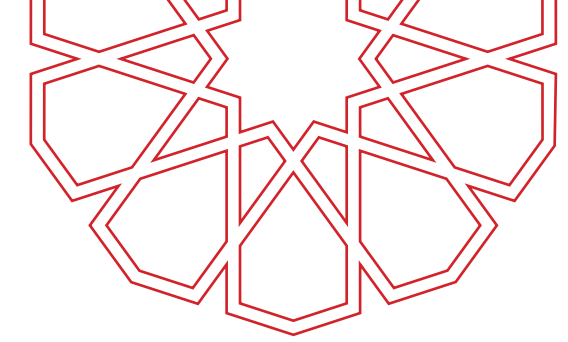
### Invisalign /Aligners

Wires and brackets are treatments of past. Invisalign/ Aligners are transparent braces that give patient the flexibility to remove them and wear them. .

The entire treatment is done with the set of removable trays, which need to be changed every week to ten days.

Before you finalize the treatment you are given the option to see what will be your final look. It is called "Simulation". You can also suggest changes to the final look.





## **SUPER-SPECIALIZED DENTAL SERVICES**

### **Oral Maxillofacial surgeries**

At Thumbay Dental Hospital, we provide a comprehensive range of oral surgeries. The most advanced procedures and techniques and minimally invasive treatments allow our patients to swiftly return to the rhythm of their daily routine.

Our services include orthognathic surgeries, TMJ surgeries, facial trauma surgeries, MOHS reconstructions (skin cancer surgeries), cyst removal, oral cancer surgeries and rehabilitation, and dental implants.

### **Lasers**

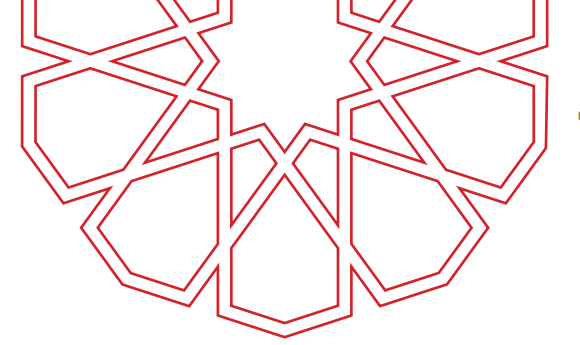
With lasers many treatments can be done with accuracy and in a short period of time, with less bleeding and less pain.

At our Hospital, we use lasers for treatment of gum diseases, root canal treatments, depigmentation of gums (Gummy Smile), whitening of teeth, and treatment of ulcers and soft tissue growths in the mouth.

### **Endodontic Microscopes**

Our team of endodontists uses endodontic microscopes. Endodontic procedures that were otherwise impossible to treat have become routine with the use of microscopes, which provide higher levels of magnification and illumination. The use of microscopes in endodontics has dramatically improved the specialty, allowing for consistently excellent results.





## EXCLUSIVE DENTAL SERVICES

### Geriatric Patients

Geriatric patients have underlying medical conditions, which make dental treatments difficult to perform. Additionally, they are anxious and fearful of dental treatments as well.

Our team of specialists manage these patients through counselling, and if required perform treatment under sedation in collaboration with Thumbay Hospital, Ajman.

As we are associated with Thumbay Hospital, Ajman, patients with underlying medical conditions are treated there, thereby mitigating the risk of complications.

### Exclusive Dental Treatment for Women

Dental treatment for women is exclusively provided by female dentists.

Also, we have specialized packages for dental treatment of women. These include:

1. Hollywood smile, 2. Annual scaling and polishing of teeth, 3. Care of teeth during pregnancy.

### Conscious Sedation And Treatment Under General Anesthesia

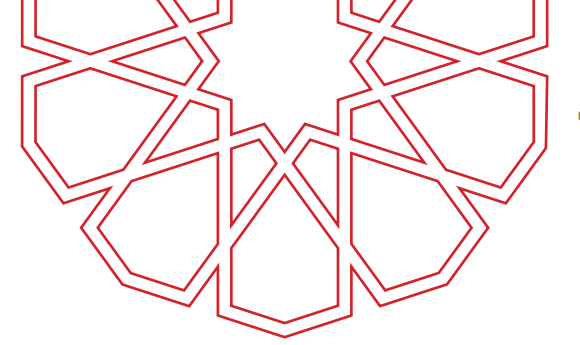
As we are part of the Thumbay network of Academic Hospitals, we cater to all dental treatments that need to be done under sedation or general anesthesia.

### Facial Pain (Myofascial Pain Dysfunction Syndrome)

One of the most common causes for pain in the facial region is injury or incorrect use of the jaw joint and muscles.

Our comprehensive team of oral surgeons, oral medicine and radiologists, orthodontists, and prosthodontists diagnose the condition with the most advanced tests and offer treatment to eliminate the root cause of the problem with an integrated treatment approach combining various therapeutic modalities.





## EXCLUSIVE DENTAL SERVICES

### Sleep Apnea

At our Dental Hospital, our team of specialists customize effective treatments based on individual needs.

We offer oral appliance therapy to manage problems related to snoring and sleep apnea.

We also offer laser surgery to treat sleep apnea, wherever required.

Our intention is to help patients sleep better, and improve their overall health and quality of life.

### Oral Cancer Screening

The greatest strides in combating most cancers have come from increased awareness and aggressive campaigns directed at early detection of cancer. To help in the reduction of oral cancer prevalence, we screen all patients for oral cancer who visit our Dental Hospital, as part of comprehensive oral examination.

If any positive findings are noted, further investigations like biopsy are suggested.

### Dental Tourism

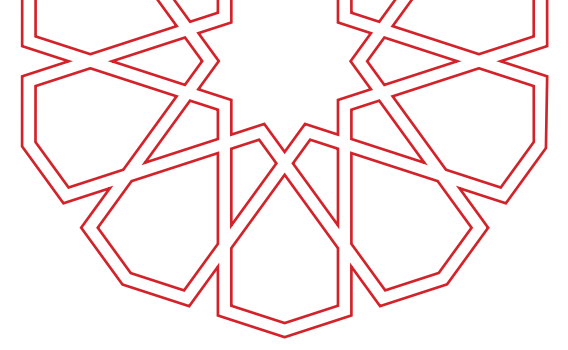
Thumbay Dental Hospital maintains international standards for all treatment services.

The organization structure ensures good governance with respect to policies and procedures, continual quality improvement and innovation in an academic setup.

The Hospital lays prime focus to emerge as the preferred facility for all dental solutions by providing safe and quality treatments of international standards.

We have a dedicated team for Dental Tourism, who carefully plan the entire patient experience, taking care of every detail.





# CAD CAM Technology in Dentistry

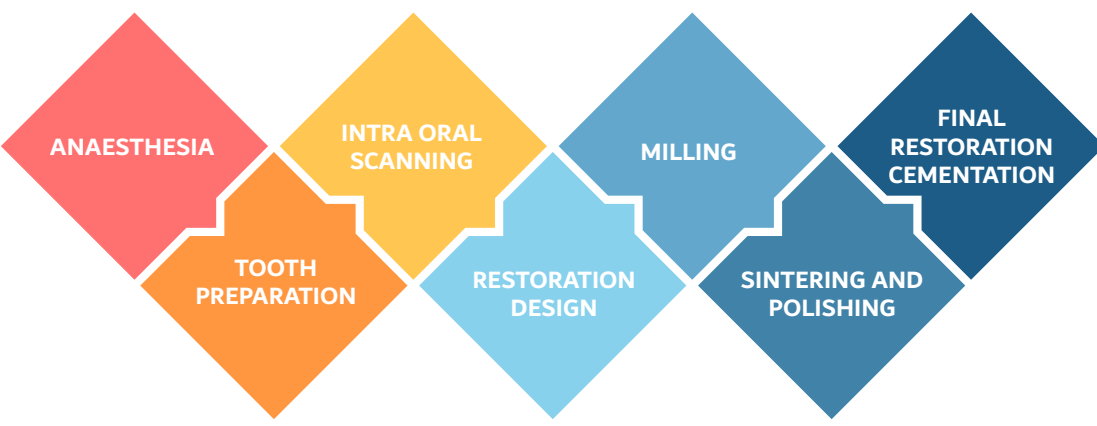
## Crowns and Veneers within the Same Day

Computer-aided design (CAD) and computer-aided manufacturing (CAM) technology is useful in restorations, like crowns, veneers, inlays, onlays and bridges, from a single block of ceramics, which makes the final product more precise compared to traditional fabrication methods.

### Process Description

With CAD/CAM dentistry, a tooth is prepared to receive a crown or veneer. This is followed by digital impressions to obtain custom made 3-D images of the prepared tooth or teeth. These scans are then used to produce a virtual design which is then sent to the digitally connected milling equipment. The design guides the milling machine to carve the restoration from a solid block of restorative material. This is then cemented in the patient's mouth to provide him the final restoration required by the patient

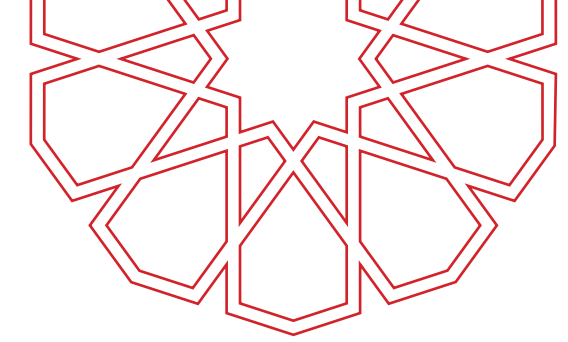
### Steps in Making a Crown from CAD CAM Technology



All this can be done chairside in about 40 minutes to two and a half hours. Thus the patient has the convenience of getting a crown within the same day that saves him a lot of time as compared to the conventional techniques for making crowns and veneers.

This technology can also be used for ceramic fillings for teeth.





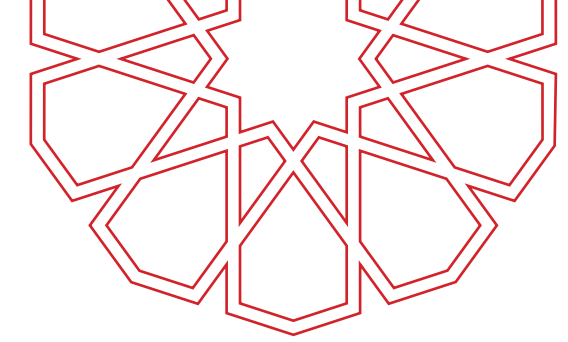
## Dental Microscope

The operating microscope greatly enhances a clinician's ability to view the tiniest details inside a patient's tooth. By magnifying vision up to 25 times that of the naked eye, the dental microscope is useful in both diagnosis and treatment. Research demonstrates better outcomes compared to treatment without vision enhancement or magnification.

Surgical microscopes were established in the year 1953, across a broad range of clinical disciplines. In dentistry the endodontic microscope has become part of the daily practise for Doctors and the academicians. The Integrated camera with the microscopes gives the patient the opportunity to be involved during the treatment as well. It also supports the working ergonomics for the practising dentist as he is able to treat the patient in an upright position. Its other uses are in Periodontology and restorative procedures.

Thus with the dental microscope, the procedures can be performed with greater accuracy, more reliably, and its features can be used to manage different and complicated clinical presentations of the tooth.





## CBCT in Dentistry

CBCT (Cone beam computerised tomography) is an advanced dental imaging modality. It is a special type of x-ray equipment used when regular dental or facial x-rays are not sufficient. This technology produces 3-D images of teeth, soft tissues, nerve pathways and bone in a single scan. It provides multiplanar view like the medical CT. The CBCT software can create a three dimensional image using multiple image sections. It is a useful diagnostic aid and treatment planning tool.

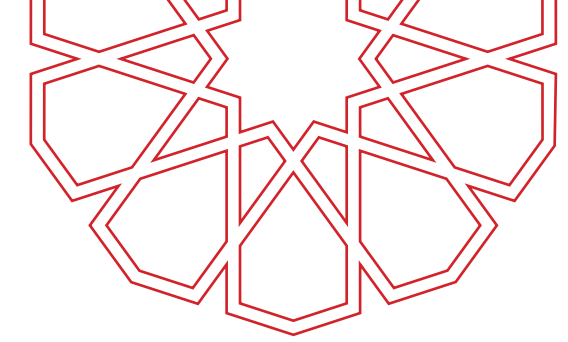
In dental implantology, CBCT helps in evaluating a 3-D view of the jaw bone. The image acts as a guide and aids the surgeon plan his surgery for accurate placement of the dental implant.

Its other uses are in oral surgical procedures in accurately localizing the position of impacted teeth, jaw pathologies and fractures. It also finds use in planning for Cosmetic surgeries. CBCT also aids the dentist in performing endodontic procedures in situations where the tooth structure is different from the standard. In periodontics, CBCT aids in determining the exact nature of bony defects in the jaw bones.

The major advantages of CBCT is to be able to scan the bone and the soft tissues at the same time. The procedure is comfortable and painless to the patient.

CBCT is also used in specialities like orthodontics and pedodontics. With ever increasing applications and advances, CBCT is the imaging modality dentistry will be relying on in the future years.





## Marhaba Lounge

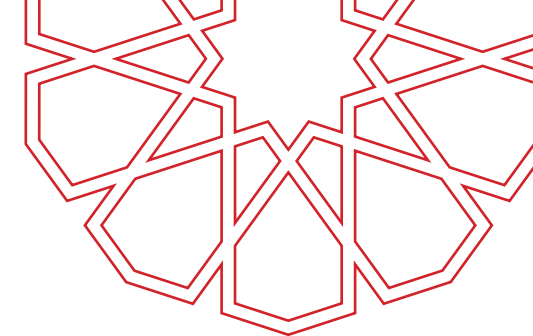
We offer truly personalized services to patients.

Thumbay Hospitals feature the Marhaba Lounge, which delivers a range of personalized services for patients and minimizes inconveniences by fast-tracking patients' requirements. A patient arriving at the Marhaba Lounge would have his/her registration formalities, consultation, examination/diagnosis, procedures, documentation, billing etc., done on priority, requiring minimal waiting time.

### **Fast-track personal assistance includes:**

- Welcome Drink
- Registration
- Appointments
- Billing
- Blood sample collection
- Medicine procurement
- Medical report collection
- Multi-specialty check-up
- Same day crowns
- Facility of high-tech equipments under one roof
- Family block appointments
- Follow up appointments





## Loyalty Card

- Only 25% of the UAE population has dental insurance.
- Therefore, Thumbay Dental Hospital has launched a unique Loyalty Card (Dental Protection Plan) to meet the needs of the remaining 75% population that does not have Dental Insurance.

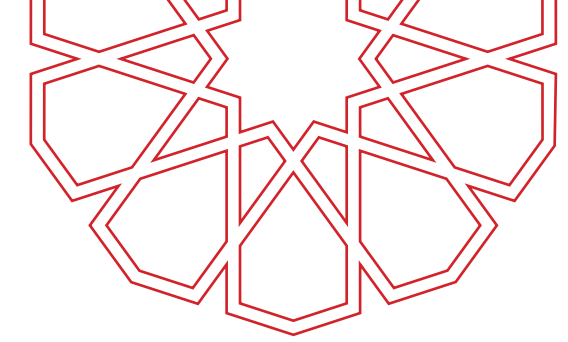
### Advantages of a Loyalty Card

- No waiting period for approval; direct access to eligible treatment.
- Risk cover of treatment up to specified limits.
- Additional discounts on procedures not covered under schedule of benefits.
- Exclusive dental treatment at the Regions Number 1 Dental Hospital.

### Schedule of Benefits

- The Benefits under the Loyalty Card can be availed only at our Thumbay Dental Hospital, Al Jurf, Ajman.
- Benefits are based for a period of 12 months from the date of purchase of Loyalty Card.
- There are two Loyalty Cards that are being offered by Thumbay Dental Hospital - Gold and Platinum.
- Services covered under the Loyalty card include dental consultation, X-rays, simple and surgical extractions, scaling and polishing, fillings, root canal treatment, and crowns (only PFM).
- 5% Discount applicable on implants and ortho treatments not covered under the schedule of benefits.
- 5% Discount on all procedures that are not covered under the schedule of benefits.





## Insurance

All major insurance cards are accepted at Thumbay Dental Hospital, including:

- Aafiya
- ADNIC Insurance
- AXA Insurance
- Al Buhaira National Insurance Company
- Amity Insurance
- Dubai Insurance
- Enet TPA LLC
- Inayah TPA
- Mednet Insurance
- NAS Insurance
- Pentacare Insurance
- Vidal Health Insurance
- Wheath International LLC





ثومبي للسياحة العلاجية  
**THUMBAY MEDICAL TOURISM**  
YOUR FAMILY HEALTH TOURISM PARTNER



## Thumbay Medical Tourism

Thumbay Medical Tourism (TMT) is an award-winning initiative of Thumbay Group's Healthcare Division, which has been making significant strides since its launch. TMT focuses on promoting Thumbay Group's ultra-modern healthcare services to the growing number of international patients visiting the UAE, at affordable costs.

Thumbay Hospitals are fast emerging as one of the most popular destinations for medical tourists. The cultural diversity of the patients is perfectly complemented by the staff from diverse nationalities.

TMT renders a large portfolio of travel and medical services to medical tourists from all over the world, and also arranges on-demand translator services, accommodation services, customized treatment packages, preferred cuisine, travel arrangements, priority appointments, airport pick up & drop off, etc. Each medical tourist is attended to by a dedicated TMT staff. Most packages also include tourist site visits, dedicated fleet of vehicles and spa & recreational therapies.

Through TMT, medical tourists are fast-tracked to their appointments and investigations at Thumbay Hospitals. Moreover, the Medical Tourism team at Thumbay Hospitals goes the extra-mile to ensure patient care and satisfaction, and understands the needs of individuals from different countries and ethnic backgrounds. TMT has representative offices in 87 countries across the globe. As part of the Group's strategic plans, Thumbay Medical Tourism expects to welcome around 1000 medical tourists daily, by 2023.

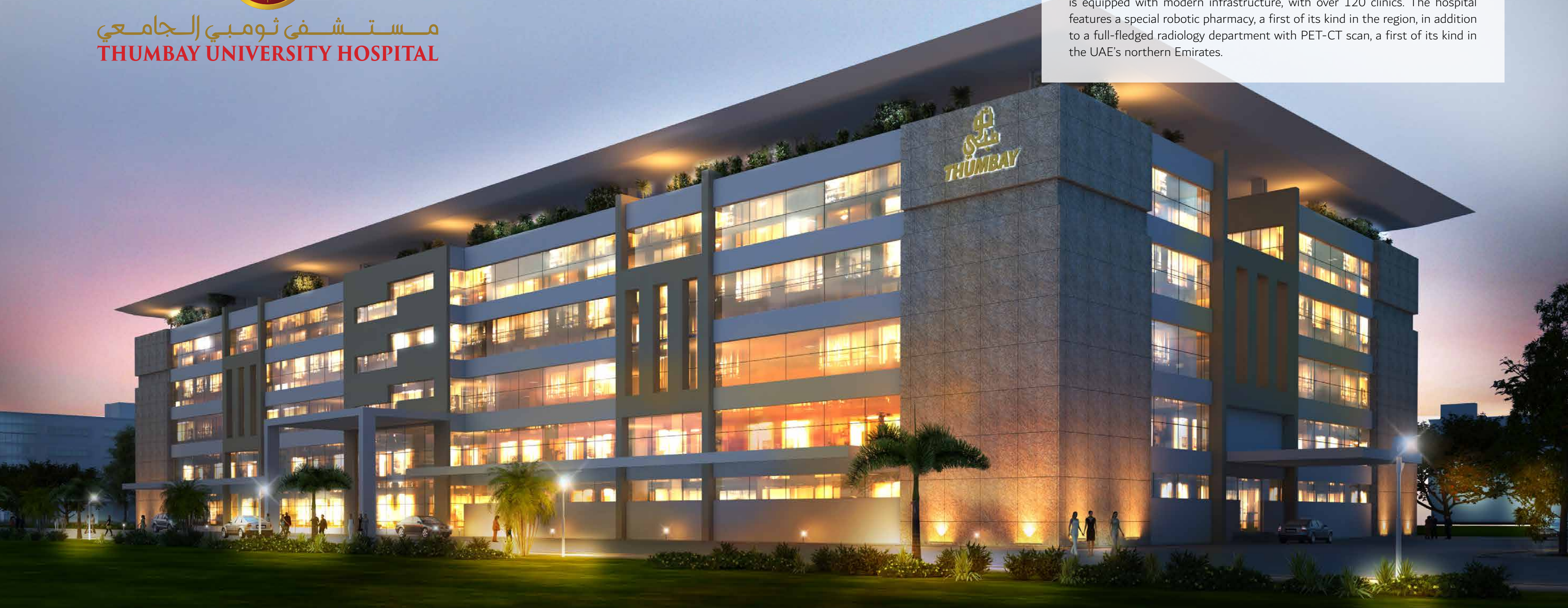




مستشفى ثومبي الجامعي  
THUMBAY UNIVERSITY HOSPITAL

## Thumbay University Hospital

Thumbay University Hospital at Thumbay Medicity is the biggest private academic hospital in the region. The hospital is a state-of-the-art, purpose-built 500-bed smart facility with quaternary care facilities. The hospital is equipped with modern infrastructure, with over 120 clinics. The hospital features a special robotic pharmacy, a first of its kind in the region, in addition to a full-fledged radiology department with PET-CT scan, a first of its kind in the UAE's northern Emirates.







## Gulf Medical University

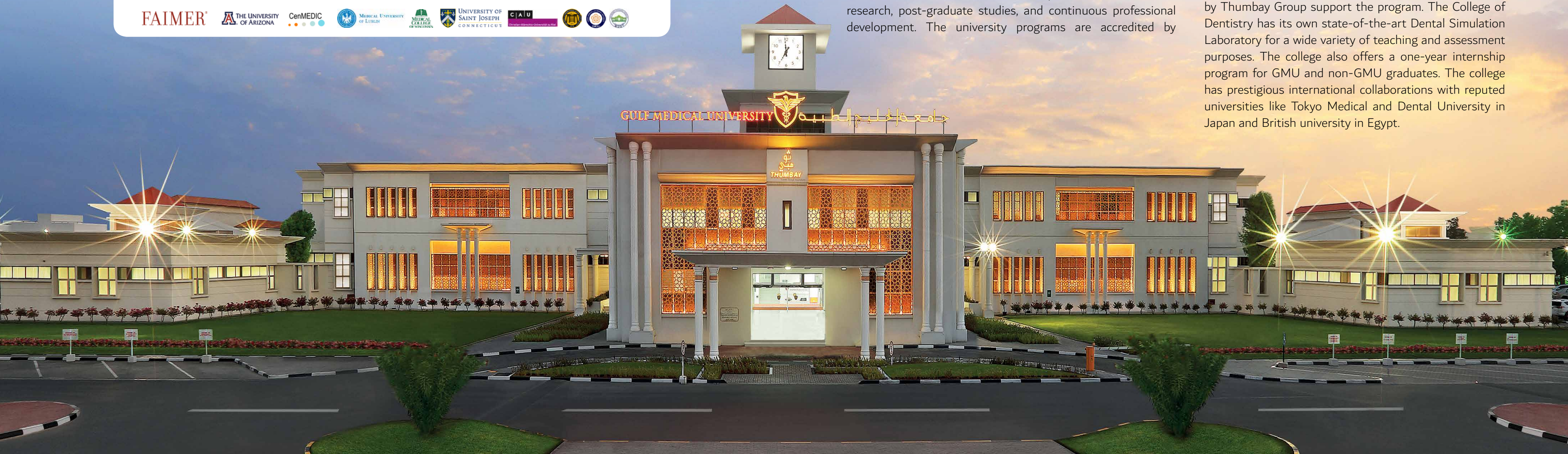
The Gulf Medical University (GMU), Ajman is one of the leading private medical universities in the Gulf region, and has become the preferred-choice for medical education to students of 80 nationalities. The University offers various highly sought-after courses including Medicine, Dentistry, Pharmacy, Physiotherapy, Healthcare Management and Economics, Associate Degree in Pre-Clinical Sciences, Biomedical Sciences, Medical Laboratory Sciences, Medical Imaging Sciences, Anesthesia Technology, Nursing, Health Professions Education Public Health, Healthcare Management and Economics, Physical Therapy and Environmental Health & Toxicology.

The Thumbay Research Institute for Precision Medicine, the Thumbay Institute for Population Health and the Thumbay Institute of Health Workforce Development are the hubs for research, post-graduate studies, and continuous professional development. The university programs are accredited by

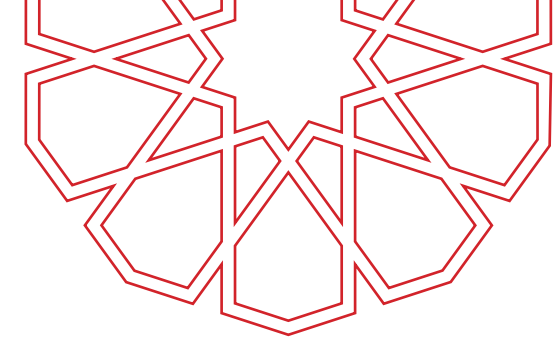
Ministry of Education, UAE. All programs are recognized by World Health Organization (WHO) and listed in the WHO Directory of Medical Schools and IMED under the auspices of FAIMER and the list of program offerings in universities of the Eastern Mediterranean Region (EMRO) of the WHO.

### College of Dentistry

The College of Dentistry, Gulf Medical University is the only college offering DMD (Doctor of Dental Medicine) program in the UAE. The standards and program goals are aligned with those identified by American Dental Association (ADA) and American Dental Education Association (ADEA). The DMD program is tailored to provide maximum clinical exposure and the multiple clinical training sites in Ajman, Sharjah and Dubai owned by Thumbay Group support the program. The College of Dentistry has its own state-of-the-art Dental Simulation Laboratory for a wide variety of teaching and assessment purposes. The college also offers a one-year internship program for GMU and non-GMU graduates. The college has prestigious international collaborations with reputed universities like Tokyo Medical and Dental University in Japan and British university in Egypt.







## Other Amenities

Thumbay Medicity offers a range of amenities for the convenience of patients and other community members, in addition to excellent care and treatment.

### These include:

- Blends & Brews Coffee Shoppe
- Body & Soul Health Club & Spa
- Thumbay Food Court
- Theatre
- Free Parking
- Public Bus Station
- Supermarket
- ATM
- Swimming Pool
- Therapeutic Garden
- Basketball Court
- Tennis Court







مستشفى ثومبي للأسنان  
**THUMBAY DENTAL HOSPITAL**





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